



# Nataly Kogan Bio

Nataly Kogan is a best-selling author, keynote speaker, and entrepreneur whose superpower is helping people reinvent their stories and unlock their best, thriving selves.

Nataly immigrated to the US as a refugee from the former Soviet Union when she was 13 years old. Starting her American life in the projects and on welfare, she learned English by watching “Who’s the Boss?” on repeat.

She went on to reach the highest levels of career success at McKinsey and Microsoft, as a Managing Director at a venture capital fund, and as founder or executive at 5 startups and tech companies.

But after years of chasing a non-existent state of nirvana, Nataly suffered a debilitating burnout that led her to find a new way to live and work.

Nataly founded Happier Inc., whose gratitude sharing mobile app, courses, Happier @ Work and leadership programs have helped more than a million people lead more fulfilling lives.

She is a sought-after international keynote speaker and has appeared in hundreds of media outlets, including The Wall Street Journal, The New York Times, Harvard Business Review, Forbes, and Time.

Nataly is the author of Happier Now, The Awesome Human Project, and The Awesome Human Journal, and hosts The Awesome Human Podcast that people call their “best-self hour”.

Nataly began painting when she turned 40 and is a self-taught abstract artist. She is passionate about the power of art to fuel our well-being.

She loves yellow, overuses the word “awesome”, and is the funniest person in her family. (Just ask her husband and daughter, her favorite awesome humans.)

For more, visit [natalykogan.com](http://natalykogan.com).