

Susan Cain

LONG BIO

SUSAN CAIN is the author of the #1 New York Times bestsellers *QUIET: The Power of Introverts in a World That Can't Stop Talking*, and *BITTERSWEET: How Sorrow and Longing Make Us Whole*, which was also an Oprah Book Club selection. She has spent the last twenty years exploring a particular realm of human nature: the quiet, the sensitive, the thoughtful, the bittersweet. It has always seemed clear to her - and to her millions of readers - that this way of being can lead to a richer, deeper form of happiness. Susan's books have been translated into 40+ languages, and her record-smashing TED talks have been viewed over 50 million times on TED and YouTube combined. Susan is the host of the bestselling Audible series, *A QUIET LIFE IN SEVEN STEPS*, and the *QUIET LIFE* online community. Her Kindred Letters newsletter is read by people in all 193 countries and all 50 American states.

LinkedIn named Susan the Top 6th Influencer in the World, just behind Richard Branson and Melinda French Gates. Susan has also been named one of Watkins' Most Spiritually Influential Living People in the World. She partners with Malcolm Gladwell, Adam Grant and Dan Pink to curate the Next Big Idea Book Club. They donate all their proceeds to children's literacy programs.

Her writing has appeared in *The New York Times*, *The Atlantic*, *The Economist*, *The Wall Street Journal*, and many other publications.

Cain has also spoken at Google, PIXAR, the U.S. Treasury, P&G, Harvard, and West Point. She received Harvard Law School's Celebration Award for Thought Leadership, the Toastmasters International Golden Gavel Award for Communication and Leadership and was named one of the world's top 50 Leadership and Management Experts by Inc. Magazine. She is an honors graduate of Princeton and Harvard Law School. She lives in the Hudson River Valley with her husband, two sons and golden doodle, Sophie. Visit Susan at [TheQuietLife.net!](http://TheQuietLife.net)

SHORT BIO

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SpeakersOffice, Inc.
5927 Balfour Court, Suite 103 • Carlsbad, CA 92008
760-603-8110 • Fax: 760-603-8010
info@SpeakersOffice.com